

Food Allergy & Celiac Support Groups for kids K-8th



This is a weekly group facilitated by Ashley G. Smith, LPC, at Madison Counseling.

The goal of this group is to provide a safe and welcoming space for kids with food allergies to get to know each other while learning how to manage the range of emotions they may experience. The group also addresses how to handle social situations with other kids and adults who may not “get it” right away. And of course, having fun is also a top priority! 😊

Topics will be covered using role-play, art, games and more!

Topics we will cover:

Why me and what now?

Feelings about Food and Allergies

Bullying & Friendship

Restaurants, Play Dates, Field Trips & Parties

These are ongoing groups with all topics covered every 8 weeks!

Groups begin November 2017!

Student Schedule by Grade:

K – 2nd: Mondays 4pm – 5pm

3rd – 5th: Mondays 5:30pm – 6:30pm

6th – 8th: Mondays 7pm – 8pm

Cost: \$20 per session/per person

For more information or to register,

Please contact Ashley G. Smith, LPC, at:

769-231-9914 | ashley@madisoncounseling.org

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Individual, Parenting, and Family Counseling Services are also available.

